

**MAY 2010**

## **From the President**

Our patrol season ends this Labour Day long weekend and Burleigh Beach has once again remained fatality free. This is as a result of the great work that our volunteer members have done since the start of the Season in patrolling the beach. To all of our members who have performed patrols during the current Season, I thank you on behalf of the Club in providing your valuable time to protect Burleigh Beach and passing on some great knowledge to locals and visitors alike.

We remain once of the most well-positioned and sought after beach on the Gold Coast and continually attract enormous crowds. Every time we see photos of beaches on the Gold Coast, Burleigh features and it is very reassuring for me to know that our beach is well protected with our Club volunteers.

So it is now time for you to all take a well-earned rest, put your feet up and relax. Thank you.

### JUNIOR STATE TITLES

What a great year the Juniors had once again and I congratulate all competitors on their efforts becoming the Queensland State Champions for the third time in a row. This only happens with great effort and dedication to the sport one loves but always behind the competitors is a great team of committee members, coaches and parents and I congratulate you all in the efforts that you put in for Burleigh and know that in years to come we will have more and more fine young life-savers.

### CLUB DINNER

A reminder that our Annual Club Dinner is to be held on the 12<sup>th</sup> June at our Club House on our newly completed Ocean Deck. What a spectacular venue and our Club is the envy of many others on the Coast.

I encourage all our Members to attend and be involved in a great night of the traditional award ceremony and festivities that flow thereafter. We all know that when Burleigh has a function it is one that cannot be missed.

### BHMP REDEVELOPMENT

We are currently putting the finishing touches to the Ocean Deck adjacent to the Sports Bar and the comments received have been what a fantastic area that has been developed. The upper levels are also nearing completion and everyone will be able to see the finished product shortly.

The Highway side of the development has now obtained all necessary approvals from Sport & Recreation and construction by way of demolition to start with will commence within the next two weeks.

During this difficult time, I thank members for their patience in dealing with the lack of facilities but as we all know, the end result is what we have all been waiting for.

### ANNUAL GENERAL MEETING

Our AGM is set down for Sunday the 13<sup>th</sup> June and this is a great opportunity for anyone wanting to be involved in our Club to put their hand up. There are many positions that are available and I urge members to take the time to have a look at the positions well in advance to see how they could contribute.

The Club is going through an exciting time and is a great opportunity to be part of this.

## OUR CLUB HISTORY

This is very important for any Club of any description and we have been fortunate that of recent, we have had our Club Historian Russell Whitmore, prepare the first 75 year's history of BHMP. It is very interesting reading and for those that have not had a look, you should.

But as time goes on, we must continue to record our history and we now fortunate that our Club Patron Peter Sherwood has put up his hand to facilitate the recording of our history as already a decade has passed and it has not been reduced to writing as yet. So Peter will steer us through the last decade and compile our history and with this he is looking for a team of energetic members to contribute. So no matter what section you are in, you are part of the Burleigh history and I urge you to consider being involved and advise us that you can assist so that we can have a team working to ensure that Burleigh's history is well recorded and presented for our future generations.

Michael Boyce

## Captains Corner



Welcome to the Newsletter for May.

Some will be able to rest in the off-season, however there is still a lot happening around the Club. Renovations are continuing full steam ahead with Michael at the helm of the boat. IRB Competition will be starting in earnest in early May. Once again with any competitive team competing for Burleigh, on behalf of all lifesavers we wish them every success in achieving their goals.

Many people will remember the Anzac long weekend but some members will remember this week end for a different reason. On 24 April at 5.20pm members of Charlie Patrol were called upon to put their lifesaving skills into action. They were confronted with the worst scenario any lifesaver could face. One of the Patrol member was alerted to a gentleman in his late thirties who had come out of the water and collapsed on the beach. No signs of life or breathing confronted the members. Patrol as well as other members of the Club proceeded to where the patient had collapsed. CPR was started quickly and with great teamwork the members achieved a good result in giving the gentleman

another chance with life. To every member involved, no matter what your contribution was, it helped to achieve the positive results. On behalf of all members and myself congratulations with the successful resuscitation.

While you are on Patrol instances like this could happen but please remember there is only a small group that have been confronted with incidents as described above. There are many other lifesavers who have not been in contact with this situation and they have been patrolling for many years.

During the off season, please read your Blue Book in readiness for your proficiencies in Season 2010/11.

Lifesaving is built on team work.



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Over the Anzac week end the Youth Development had another outing to Time Zone. I too joined the group and a very enjoyable night was had by all. I think there were two large illuminated targets on me during the Laser Skirmish battle. Being Captain they do not let you get away with anything. Please keep any eye on your e-mail for any upcoming youth development events.

We wish Megan Slattery all the best in the Summer Surf Girl Competition... Good Luck and best wishes to you and your committee and also the judging.

On behalf of all of our patrolling members, I would like to thank Subway for once again providing us with our lunches for the season. Their support is very much valued and appreciated. A big thank you also to our Kiosk for morning & afternoon teas. Without the support from Subway & Burleigh Beach Kiosk, we would have had a lot of very hungry lifesavers. Please remember to support both of these business' when you can.

Best wishes to all members and their immediate family who are celebrating upcoming births, birthdays, engagements or wedding anniversaries in the month of May.

See you next Season

Whit



James Street Burleigh Heads



## From The Chief Training Officer

The year has finished with a lot of activity around the club but very little in the training arena. We had a First Aid course planned but unfortunately all who wanted to do the award had to pull out, no matter I am hopefully rescheduling a First Aid Course during the off season as well as a ARC / Defib course.

I am also trying to find some interested trainers to run a bronze squad during the same period. If any one is interested in doing their Bronze during winter please ensure that you have completed a Training request form and you will get an email to see if you will be available when the dates are finalised.

The Surf Camp for next season (19 – 24 September) we will require trainers and I will be after names of people interested as they have to be identified as having the training certificate required to carry out the training (a Training Officers Certificate equivalent) if you are interested, please contact me as soon as possible so I can try and organise a course as it is conducted by South Coast Branch at Mermaid.

See you on Burleigh beach

Mick Slattery

# Old Lifesavers News

## CONGRATULATIONS

The President and members of the Old Lifesavers would like to congratulate all sections of the club on another fatality free season on the beach at Burleigh and on another successful year of competition.

A special mention must be made of the Junior Club which won the Junior State Titles for a third year in a row - Congratulations!!

## OLD LIFESAVERS MEMBERSHIP

A reminder that membership of the Old Lifesavers is open to all present and past members and supporters on the Burleigh Heads Mowbray Park SLSC. This is a way you can keep your association with the Surf Club alive and also retain contact with the mates you have made throughout the years.

We are a pretty laid back and sociable group of people who offer our assistance to the Club when required. There is a small membership fee (\$15) which is payable in July each year.

If you would like to join, please contact Bruce Mayne ([b\\_mayne@bigpond.com](mailto:b_mayne@bigpond.com)) or have a talk to Titch or Chucker next time you see them around the Clubhouse.

## OLD LIFESAVERS R&R - REUNION - Friday 29th October 2010

Last year we had the highly successful Boaties Reunion so this year we have decided to hold a BHMP SLSC "R&R Reunion". This will be BIG.

All current and past BHMP SLSC members and supporters will be invited to attend, so please put Friday 29th October 2010 in your diary.

Plans are currently being finalised and the party has been booked on "The Deck" at the newly renovated Surf Club Burleigh Heads.

Regards  
Bruce



## AWARD CERTIFICATES

**Any member who has completed an award (SRC, Bronze, First Aid etc) and has not yet received their certificate, please collect it from the green awards box on the bench in the boat shed or call Julie to arrange to collect it from the office.**

**All certificates not collected will be destroyed at the end of the patrol season.**

## Surf Sports News

Hi All

I would like to take this opportunity to congratulate the nippers on their win up at Emu Park it was one of the best run junior carnivals I have attended. There was some bad luck for some competitors but also great team spirit when things didn't go to plan. Their team mates took on the challenge and got results we didn't expect that is why our club is so special. Ty and his assistants have done a great job coaching our future stars and I am looking forward to the U14's moving up into the senior ranks.

I would like to thank everyone for taking their craft home so we can continue on the redevelopment of the club which will hopefully be finished towards the end of the year.

Congratulations to Peter Dorries (12th) & Nick Dennis (16th) at the recent OC1 Marathon World Championships in Hawaii.

Anyone interested in keeping fit, there is running from BHMP @ 4pm short run & 4.30pm longer run or you can do both & will be finished by 5.30pm at the latest. Tuesday & Thursday & I will also take some on Wednesday if these days don't suit, just let me know.

I will put out training times when it commences by email so if I don't have your email address please send it through to [jamesmik1@bigpond.com](mailto:jamesmik1@bigpond.com)

Regards

Chris

### **SURF LIFE PHYSIO**

**INJURED?**

**GOT AN ACHE OR PAIN?**

LET THE PHYSIOTHERAPISTS FOR THE AUSTRALIAN AND QUEENSLAND SURF LIFE SAVING TEAMS, AS WELL AS THE KELLOGG'S NUTRI-GRAIN IRONMAN SERIES

DIAGNOSE AND TREAT YOUR INJURY.

BURLEIGH HEADS MEMBER NICK MARSHALL AND TROY EADY, OF *SURF LIFE PHYSIO* HAVE OVER 40 YEARS OF LIFESAVING EXPERIENCE IN AND OUT OF COMPETITION, AND OVER 20 YEARS OF THAT AS PHYSIOTHERAPISTS FOR SOME OF THE MOST ELITE TEAMS AND EVENTS.

**COME IN AND SEE US, OR CALL TO MAKE AN APPOINTMENT**

Shop 1, Nobbys Beach Surf Club

Cnr Lavarack St & Albatross Ave

Nobbys Beach

Phone- 55277830

Email- [admin@surflifephysio.com.au](mailto:admin@surflifephysio.com.au)

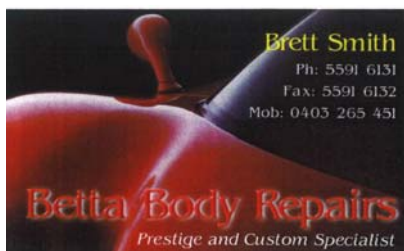
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