



2011/12 SEASON PROFICIENCY DATES

Sunday 28th August
Sunday 9th October
Sunday 20th November
Sunday 11th December (if required)

Please make a note of these dates on your calendar.

Sign on for proficiencies will be

From 7.30am

With proficiency commencing

at 8am

Please have pool swims signed off on the form below prior to proficiency day.

POOL SWIM ASSESSMENT TEST FORM

Note: This form can only be completed by a current SLSA Assessor, Chief Training Officer, Level 1 Swim Coach or delegate appointed by the Chief Training Officer.

Members Name: _____

Members Club: _____

Location that pool swim was conducted: _____

I certify that the member named above completed a pool swim (Bronze Medallion: 400m in 9 mins or less, Surf Rescue Certificate: 200m in 5 mins or less) in the time detailed below.

Swim Time: _____ mins _____ secs. Distance (please tick): 400m 200m

Assessor / Swim Coach Name: (please print) _____

Assessor / Swim Coach Signature: _____

Assessor No. / Accreditation No: _____ Date: ____ / ____ / 2011