

You will need to bring:

- Dry & wet weather clothing
- Hat & sun screen
- Shirts suitable for sun protection
- Two towels & toiletries
- Club togs
- Training manual (provided at 1st training session)
- Writing material and pen
- Extra money for personal use



COST

\$120.00 - including training manual
\$ 90.00 - If you have the current 33rd Edition Training Manual

INCLUDES

Lunch, morning & afternoon tea
Training manual (if required), award fees & certificates, patrol cap.

**Does not include club membership
or club togs**

TO REGISTER FOR COURSE

To register, simply complete the application form and return with the appropriate fee, medical history and parental consent form to
Burleigh Heads Mowbray Park
Surf Life Saving Club
PO Box 157
Burleigh Heads Qld 4220

If you require additional forms please contact the Admin Office on 5535 2419

Program Times

Sunday

1.30pm - 3.30pm

Monday - Friday

Start: 8.00am Sharp

Lunch: 12.30pm –1.30pm

Finish: 3.15pm



ANNUAL SURF CAMP 2010



**19th – 24th
September 2010**

APPLICATION FORM SURF CAMP 2010

Name: _____

Phone: _____

Mobile: _____

Address: _____

Age: _____ DOB: _____

Signature of applicant

Members under 18 will need their parent/guardian to sign this form.

I give permission for my child to attend the Surf Camp.

Signature Parent / Guardian _____

Please return this application along with medical history & parental consent forms by Friday 10th September 2010.

**Payment may be made by cash, cheque or credit card.
Please attach payment with this application**

SURF CAMP INFORMATION

DATE: Sunday 19th - Friday 24th September 2010

TIME: Registration & Start of Camp
Sunday 19th September @ 1.30pm

PLACE: Burleigh Heads Surf Club.
Cnr Gold Coast Hwy and Goodwin Terrace
Burleigh Heads.

Numbers are restricted so first to book and pay will be guaranteed a place on this camp.

MEMBERS OBLIGATION

Once you have gained your qualification, you will be expected to perform voluntary beach patrol duties. Currently the requirement is hours per month on a rostered basis.

INSURANCE

Surf Club participants aged 15 years and over will be covered by a comprehensive Surf Life Saving Qld workcover scheme. It provides for medical costs incurred by a member if injuries are sustained during a **surf lifesaving activity**. Surf Camp participants under the age of 15 are covered by Personal Accident Insurance, however federal law prohibits this policy from paying medical expenses where a Medicare component is available.

ASSISTANCE REQUIRED

Each day we will require a few parents to assist with simple meal preparations. If you can spare some time please let us know.

SUPERVISION

Qualified instructors will be in charge at all times. All instructors have a "Working with Children BlueCard".. Emphasis will be placed on team work and surf safety at all times.

MINIMUM REQUIREMENTS

The minimum age for Bronze Medallion candidates is 15 years and 13 years for Surf Rescue Certificate (SRC) candidates.

You will be required to swim 400 metres within 9 minutes for Bronze Medallion and 200 metres in 5 minutes for SRC candidates.

(pool swim is conducted on the first day of the camp)

All successful bronze medallion participants will also be awarded a Cert 11 in Public Safety (Aquatic Rescue). You can apply to have the credits recorded on you Queensland Certificate of Education (QCE). A completed Certificate II contributes 4 credits.

SURF CAMP ACTIVITIES

- Working in a rescue team
- Beach patrol requirements
- Signals and surf awareness
- Surf board rescues
- Resuscitation and C.P.R.
- Practical first aid
- Surf tube rescues
- U.H.F. and H.F. radio operations
- How to handle emergencies

